



# SUGGESTED WALKING PATHS IN HOPKINS

Register for the Step To It Challenge and log your steps at [www.steptoit.org](http://www.steptoit.org).

★ = Hopkins City Hall

☕ = The Depot Coffee House

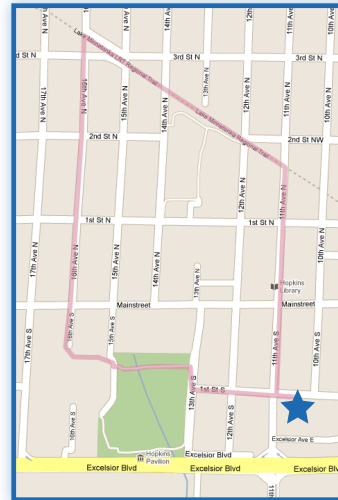
⚾ = Maetzold Field



## CITY STROLL

» 0.55 MILES

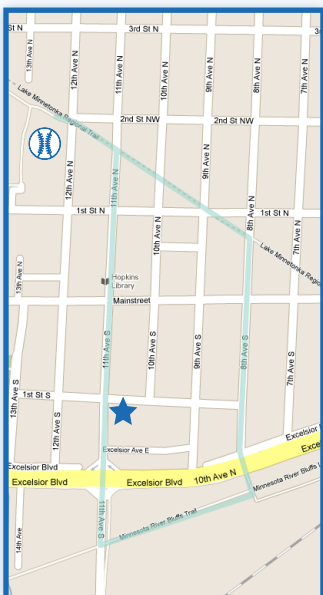
Start at City Hall to make a square going east on 1st St, north on 8th Ave, west on Mainstreet, and south on 10th Ave, back to City Hall.



## TRAIL TIME

» 1.6 MILES

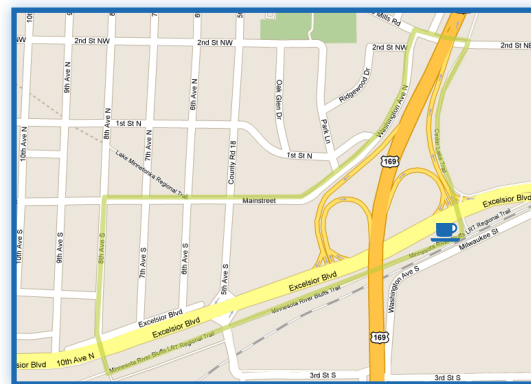
Start at City Hall, go north on 11th Ave, take the Lake Minnetonka LRT Regional Trail west to 16th Ave N, go south towards Central Park, then cut across to 1st St and back to City Hall.



## MAETZOLD FIELD LOOP

» 1.5 MILES

Start out at Maetzold Field, head east on the Lake Minnetonka LRT Regional Trail, turn south down 8th Ave S, connect to the Minnesota River Bluffs LRT Regional Trail, head west to hit 11th Ave S for a straight shot back up to the Lake Minnetonka Trail and west to Maetzold Field.



## DEPOT COFFEE HOUSE LOOP

» 1.9 MILES

Start at The Depot Coffee House and go north along the Cedar Lake Trail to Minnetonka Mills Road. Go west to Washington Avenue, turn south and follow the curve continuing onto Mainstreet, then down 8th Ave S to connect to the Minnesota River Bluffs Trail. Head east to return to The Depot.

## STEP CONVERSION CHART

Your Walking Pace	# steps per 15 minutes walked
Slow	1,020 steps
Moderate	1,830 steps
Fast	2,955 steps