

DECEMBER-
FEBRUARY
2025/26

Hopkins Activity Center

NEWS & Notes

EXPERIENCE THE *UP*SIDE OF AGING!

Happy Retirement Party!



**Did you retire this past year?
Will you be retiring soon?**

We would like to celebrate you and welcome you into our vibrant and active community! Join us for a new retiree celebration featuring sweet and savory snacks along with engaging conversation!

**January 13
1-2 p.m.
RSVP to Attend**

Now that you are retired, what's next?

It's sometimes hard to know where to start spending your time when you retire. We welcome you to meet other newly retired friends and explore ways to keep yourself active. Gather resources for travel adventures, lifelong learning programs, volunteer opportunities, clubs, activities and more!



Thank you to MTI Financial for sponsoring this free event.

INSIDE THIS ISSUE

New Membership Rates...pg 2

Medicare Changes...pg 2

Travel Show...pg 8

Give Back!...pg 12



Save the dates!

Winter Special Events

HOPKINS ACTIVITY CENTER

is a gathering place for mature adults to participate in recreational, social, educational, fitness and volunteer activities.

The Activity Center is also a community facility available for meetings, gatherings, celebrations, or receptions. Call regarding rental rates.

NEW RATES **MEMBERSHIP**
New annual rates begin January 1, 2026:

- \$40 per individual
- \$75 per household
- \$75 Arts & Activity Center Senior Membership

Members receive four quarterly newsletters, reduced fees for activities and rental discounts. Inquire about fitness membership discounts with SilverSneakers® and OnePass®.

COMMUNITY RESOURCES

Hennepin County Library
612-543-8850

Hopkins City Hall
952-935-8474

Hopkins VFW
(loans walkers, wheelchairs)
952-938-9916

I.C.A. Food Shelf
952-938-0729

Minnesota Aging Pathways
(formerly Senior Linkage Line)
1-800-333-2433

ResourceWest
952-933-3860

Senior Community Services
952-541-1019

Transit Link
651-602-5465

*Find more senior resources listed on our website.

3rd Annual Roy Wirth Memorial Pickleball Tournament! Tuesday, December 9

Join us for a fun bracket style pickleball tournament! Socialize with your friends and compete to become the tournament champion!



Register as an individual and list a partner, or we will pair up singles to form teams. Each team is guaranteed two games to 11 points. Snacks provided!

- **Beginner/Advanced Beginner (level 1-3):** 9 a.m.-noon
- **Intermediate+ (level 3/5 and above):** Noon-4 p.m.
Activity fee \$25 per person



Noon Year's Party!

Enjoy this festive celebration as you socialize with friends. Sing along to the wonderfully fun and entertaining All've and K!ck!n' musical group! A pizza lunch and sweet desserts will be served as we raise a toast to ring in the New Year! RSVP to attend.

- Wednesday, December 31
10:45 a.m.-12:15 p.m.
Activity fee \$12, Members \$10

Be Aware: Medicare Changes

Medicare can be complicated, and it changes from year to year. Come learn from the experts at Trellis about what's new in Medicare for 2026. Find out if the changes might affect you, so you can choose the best health care plan for your needs.

- Tuesday, December 2, 10-11 a.m.
Free

Medicare Counseling

Meet with a certified Medicare counselor at a one-on-one appointment to select your 2026 Medicare plan.

- Call to make an appointment 1-800-333-2433.
- Thursday, December 4 & 18,
January 15, February 19
12:30-4 p.m.

Social Enrichment



Grief Journeys Building Resiliency During the Holidays

Everyone experiences grief in life and processes it differently. During the holidays especially, people may feel alone in their grief. Feel supported, share your journey, and explore with others, as grief educator Karen facilitates sessions to help you build resiliency during the holidays.

Come for one or all of the upcoming sessions. Registration requested, or drop-in.

- Wednesday, December 10, January 14, February 11, 10:30-11:45 a.m.
Activity fee \$10, Members \$8

Cards & Games

Play board games and socialize in the lounge, or join a scheduled game group. See calendar (p9-11) for exception dates.

Drop-in \$5, Members free

MahJongg Advanced Wednesdays 9:30 a.m.-noon

MahJongg Beginner Wednesdays 12:30-3 p.m.

Mexican Trains Wednesdays 12:30-3:30 p.m.

Bridge Monday, December 15, 10 a.m.-noon.

Call to be on the substitute list.

Scrabble Thursdays 12:30-3:30 p.m.

Bunco Bonanza!

Ding, ding sounds the bell if you are the first to ring it announcing that you have won the round of this highly energized dice game! Register to attend. Bring \$5 cash for prizes.

- Tuesday, December 16, January 20, February 17, 10 a.m.-noon
Activity fee \$5, Members free

Book Club

Avid readers engage in lively discussions led by Margaret from the Hopkins Library.

- 1st Monday, 1-2:30 p.m.
- Dec. 1: *First Lie Wins* by Ashley Elston
- Jan. 5: *The Best We Could Do* by Thi Bui
- Feb. 2: *The Book of Hope* by Jane Goodall
Activity fee \$5, Members free

Men's Shed

Men's Shed is a social and service focused organization for retired men who want to give back to the community while sharing in fellowship and learning.



View the Men's Shed calendar of events at: www.hopkinsmensshed.org.

- Thursdays, December 4-February 26 (except Dec. 25, Jan. 1), 1-2:30 p.m.
Membership required. Free with membership.



Movie of the Month

Take in a popular film and enjoy fresh popped popcorn!

- Tuesdays, 2-4 p.m.
- December 16: *The Holiday*
- January 20: *The Thursday Murder Club*
- February 17: *On the Basis of Sex*
Activity fee \$5/movie, Members free
Sponsor: Bren Road Station

Dance

Afternoon Squares

Square dancing is a great form of exercise and a whole lot of fun! This group hosts a potluck on the side. Bring a dish to share, along with your appetite and your dancing shoes! \$6 collected for caller at each dance. Experienced square dancers only.

- Thursday, December 4-February 26 (except Dec. 25, Jan. 1), 12:30-2:30 p.m. Drop-in \$5, Members free

Intermediate Line Dancing

Line dancing is a fun way to incorporate fitness and coordination while socializing with other active seniors. Beginning line dance experience necessary to attend.

- Monday, December 1-February 23 (except Jan. 19, Feb. 16), 12:15-1:30 p.m. Activity fee \$72, Members \$45, Drop-in 
- Wednesday, December 3-February 25 (except Dec. 24), 12:15-1:30 p.m. Activity fee \$72, Members \$45, Drop-in 

Fitness

Winter Walking Club

Bundle up and join our social Walking Club for a fun way to exercise and explore local walking trails! Each month we meet at a different park. Register to attend so we can send you meeting details. If it is raining or the temperature is below zero degrees we will not walk.

- 2nd Friday*, 2-3 p.m.
- December 12: Wolfe Park and Bass Lake Trail
- January 16: Big Willow Park
- February 13*: Eden Brook Conservation Area Activity fee \$5/walk, Members free

Crystal Sound Bowls

During this sound experience relax and enjoy the gentle, yet powerful impact of sound. Bring a yoga mat or blanket to make yourself cozy or be seated in a chair.

- Wednesday, Dec. 3, Jan. 14, 3-3:45 p.m. Activity fee \$10, Members \$9



 Indicates fitness drop-in rate \$8, Members \$5.

Stretch & Strength Chair Yoga

Learn basic yoga postures to improve strength, balance and flexibility using the support and assistance of a chair. Guided mindfulness and breathwork help calm anxiety and relieve stress. No experience needed.

As an option, enjoy this class from the comfort of your home via Zoom. Contact the office for details on participating remotely.

Mondays with Instructor Susie

- December 1-February 23 (except January 19, February 16)
- 10:30-11:20 a.m.
- 11:30 a.m.-12:20 p.m. Activity fee \$72, Members \$45

Wednesdays with Instructor Dani

- December 3-February 25 (except December 25 & 31), 10-10:50 a.m. Activity fee \$72, Members \$45

Functional Fitness

Get a full body workout - cardio, core, and functional movements for the aging body, to build strength, balance and endurance. Instructor Janelle makes each class fun!

- Tuesday, December 2-February 24 (except December 9), 9-10 a.m. Activity fee \$80, Members \$50, Drop-in 
- Thursday, December 4-February 26 (except December 25, January 1), 9-10 a.m. Activity fee \$72, Members \$45, Drop-in 

Video Fitness with Friends

Get your body moving with a low impact video selected by the group. Socialize while working out with friends!

- Mondays, December 1-February 23 (except January 19, February 16), 9-10 a.m. Drop-in \$5, Members free

Indoor Golf League

Keep up your golf skills and play indoors at The Tee Box! Join anytime. Call the office for details.

- Tuesdays, Dec. 2-March 17, 10 a.m.-12:30 p.m.

Pickleball Add-on Membership

HAC members can purchase an annual Pickleball Add-on membership for \$15 to avoid paying the \$5 daily drop-in rate. Add-on membership is valid from January 1-December 31.

Open Play Pickleball

Recreational pickleball for adults 55+.

Players rotate in and out of games on two indoor courts. Bring your own paddle.

- Mondays, December 1-February 23 (except Jan. 19, Feb. 16), 9 a.m.-noon
- Tuesdays, Wednesdays, Thursdays December 2-February 26, 10 a.m.-noon (except Dec. 9, 24, 25, 31, Jan. 1)
Drop-in fee 🌟 or free with Add-on

Beginner Open Pickleball

Beginning players can drop in for friendly, non-competitive game play.

- Tuesdays, December 2-February 24 (except Dec. 9), noon-1:30 p.m.
- Wednesdays, December 3-February 25 (except Dec. 24 & 31), 8:30-10 a.m.
Drop-in fee 🌟 or free with Add-on

Pickleball Lessons

Four weeks of skill building classes.

*Instructor will advise on repeating current level or advancing to next class.
Activity fee \$48, Members \$45

Introduction to Pickleball*

For those new to the sport, who want to learn in a non-intimidating environment.

- Tuesday, January 6-27, 1:30-3 p.m.

Advanced Beginner*

Players with some experience can improve fundamental skills and gain confidence.

- Tuesday, February 3-24, 3-4:30 p.m.

Intermediate*

Strategy and drills to be better on the court physically and mentally.

- Tuesday, January 6-27, 3-4:30 p.m.
- Tuesday, February 3-24, 1:30-3 p.m.

Recreation & Athletics

Bowling Club

Bowling is back! Enjoy fun, fitness and friendly competition. Contact the office to be placed on a team or create your own team of four players. Bowling Club is not a league and thus provides flexibility in your schedule, as you can pre-bowl if you will miss a week.

Tuttle's Eat Bowl Play provides automatic scoring, shoes, light-weight balls and coffee.

The season will end with a spring banquet.

- Thursdays, January 8-April 9, 10 a.m.-noon
\$3 Session registration fee, Members free
\$10 Weekly (\$9 bowling, \$1 prize money)
\$13 Banquet fee

Senior Volleyball

Open volleyball for senior players 55+.

Enjoy fun, camaraderie, exercise and friendly competition.

- Mondays & Wednesdays, December 1- February 25 (except Dec. 24, 31, Jan. 19, Feb. 16)
2-3:30 p.m.
Drop-in \$5, Members free



Try Beginner Pickleball! Trial Class

Are you interested in pickleball but not sure if it is right for you? This class will give you an overview of rules, strategy and technique. Paddles provided, if needed.

- Tuesday, December 2, 1:30-3 p.m.
Activity fee \$15, Members \$12

Pickleball Tournament

Join us for a fun bracket style pickleball tournament on December 9. (PG2)

Register early spots fill up quickly!



Education

Driver Safety Classes

Take a Defensive Driving course to qualify for the senior auto insurance discount. Taught by a MN Safety Council Instructor, in person or via Zoom. Advance registration required to attend.

- Thursday, January 29, 9 a.m.-1 p.m. **Virtual**
- Tuesday, February 10, 9 a.m.-1 p.m. **In person**
Activity fee \$28, Members \$25

Lunch and Learn Series

While the presenter shares their expertise, enjoy a hearty lunch made by Thirty Bales. Select from a beet salad, chicken wild rice soup or chicken sausage gumbo. Each is served with bread. Register by noon on Tuesday prior to event.
Activity fee \$12, Members \$10

Jewish Traditions and Misconceptions

Join Sholom’s Spiritual Care Team for a Lunch & Learn delving into the richness of Jewish traditions—and some common misconceptions. Together, we’ll explore the meaning behind Jewish customs, holidays, and values, and reflect on how understanding these traditions can deepen interfaith relationships and community connection.

- Thursday, December 18, 11 a.m.-noon
Sponsor: Sholom

Top Spine Exercises

Learn the secrets to a healthier spine and a more vibrant life in a transformative session with renowned chiropractor Dr. Kyle LeDuc! He will share the “Top Spine Exercises for Seniors” designed to enhance mobility, reduce pain and improve overall well-being.



- Uncover spinal health fundamentals and understand how age affects your spine.
- Gain knowledge about simple, effective exercises that can be done safely at home.

Tech Help Desk

Volunteers Art and Mark are on hand weekly to assist you with your personal computer, cell phone, iPad or other digital device! Bring in your electronic device and your questions to the Tech Help Desk. No registration needed, just drop-in for assistance.



- Wednesday, December 3-February 25 (except Dec. 24 & 31), 9 a.m.-noon
Activity fee \$5, Members free

Don’t miss this chance to get your questions answered and take a step towards a more active and pain-free life.

- Thursday, January 15, 11 a.m.-noon
Sponsor: Connection Chiropractic

Understanding Sexual Orientation and Gender Identity

The conversation around gender identity and sexual orientation has evolved and become much richer than at any point in our society’s history. Our presenter, Paul, will share the history of how these communities have been treated as a basis for deeper understanding.



As a nationally known advocate for older adults and the LGBTQIA+ community, Paul received his Bachelor of Arts from Luther College and coursework toward his Master of Divinity at Wartburg Theological Seminary. Since 2001, Paul and his husband, Bob, have owned and operated Right at Home In Home Care & Assistance. Paul was among the founding board members of Training to Serve, the curriculum to train senior service providers on the unique needs of the aging LGBTQIA+ Community.

- Thursday, February 19, 11 a.m.-noon
Sponsor: Right at Home



Calling Textile Artists:
Share Your Talents!

Give back to the community through the gift of your talents by sewing walker bags, comfort caps for cancer patients, or blankets for preemie babies.

Knitted or crocheted items have also been requested by local care centers and resource agencies.

Stop by during Creative Chaos time to check out available supplies and patterns.

- Thursdays, 9 a.m.-4 p.m.

Creative Chaos Group

Creative Chaos is a welcoming space for artists and crafters to socialize while working on their own projects. Join this fun group while creating your own passion.

- Thursdays, December 4-February 26 (except Dec. 25, Jan. 1), 9 a.m.-4 p.m.
Drop-in \$5, Members free

Primitive Rug Hooking

Enjoy social time while rug hooking, the art of weaving wool cloth into rugs, pillows or wall hangings. Group members work on individual projects and share techniques.

- Wednesdays, December 3-February 25 (except December 24 & 31), noon-3 p.m.
Drop-in \$5, Members free

Artist Spotlight Reception

Paintings on display this season in our lobby are the creation of Hopkins Center for the Arts senior member artist Marie E. Kelly.



Come for an opportunity to meet Marie at her open house reception!

- Wednesday, January 14, 10-11:30 a.m.
Free

Art & Leisure

Hopkins Ukulele Group (HUG)

Experienced and new ukulele musicians are welcome to jam with the Hopkins Ukulele Group (HUG). This is not an instructor based class, but rather a learn as you play group of inclusive ukulele lovers. Bring your own ukulele or use one from the Center.



- Mondays, December 1-February 23 (except January 19, February 16)
12:30-2 p.m.
Drop-in \$5, Members free

Community Resources

Legal Consultation

Are you in need of legal advice? Register to meet with a local attorney.

- Tuesday, December 9, January 27, February 10, 12:30-1:30 p.m.
Activity fee \$5, Members free

Veteran Benefit Consultation

Veterans Affairs staff can help with benefit eligibility questions. By appointment only.

- Thursdays, December 11, January 8, February 12, 9 a.m.-noon
Activity fee \$5, Members free

AARP Tax Assistance

Seniors may get free help with taxes from AARP Tax volunteers by appointment.

- January 1: Phone line message will have instructions. Call 612-492-1250.
- January 6: Online appointments open at www.hopkinsmn.com/SeniorTaxHelp
- January 20: Phone appointments open up.
- Appointment dates: Fridays, February 6-April 10, 8:45 a.m.-3:30 p.m.

Need Help Making a Tax Appointment?

Stop by during Tech Help Desk hours.

- Wednesdays, Jan. 7-Feb. 25, 9 a.m.-noon

Trips & Explorations

Rollicking! A Winter Carnival

Musical FULL

Registration has closed for this Minnesota History Theatre performance day trip.

- Thursday, December 4, 8:45 a.m.-2:50 p.m.

Women of Gangsterland

Your riding tour takes you through the historic streets of St. Paul and is led by a captivating tour guide who brings *The Women of Gangsterland* to life.

Let's hear it for the ladies of the Roaring 20's and the Dirty 30's! This entertaining tour with a twist proves that the St. Paul gangster era wasn't just for men by shining a spotlight on the women-including Edna Murray the Kissing Bandit, Madame Nina Clifford, Katherine Kelly (Mrs. Machine Gun Kelly), Ma Barker and many more! The tour also celebrates a few good gals on the right side of the law.



Enjoy lunch at Joseph's Grill in St. Paul with a menu of Minnesota Chicken: chicken breast stuffed with wild rice, Swiss cheese stuffing and Chablis cream sauce, served with garlic mustard potatoes, a vegetable of the day, beverage and cookie.

- Tuesday, February 10, 9:25 a.m.-3:25 p.m.
Activity fee \$98, Members \$95
Registration deadline January 12, at noon

***** *Day Trips are popular, and some may have a waiting list. Contact the office to be added to a waiting list.*

Cancellations prior to registration deadline will be refunded, minus \$10 administrative fee. Cancellations after the noon deadline date will forfeit refund.



IGNITE YOUR ADVENTUROUS SPIRIT-
INSPIRE YOUR NEXT JOURNEY!

It's Travel Show Time!

The big reveal of the 2026 day and extended trips will be announced. You will have a chance to ask questions and meet other people who also love to travel. Attend for your chance to win some fabulous door prizes! Registration for trips will begin following the event.

In partnership with Golden Valley Senior Center, this year's event will be hosted at Brookview in the Bassett Creek Room, located at 316 Brookview Parkway South.

- Monday, January 26, 1-2 p.m.

Murder Mystery Luncheon

Arrive in the tiny village of Afton at the historic Afton House Inn overlooking the St. Croix River Valley. Guests receive parts for the murder mystery play in which each may participate in solving the mystery, or be an onlooker.



During the two hours of non-stop laughter and mystery solving you will be served a meal of rosemary roasted pork loin with garlic mashed potatoes, vegetables, rolls, coffee or hot tea and dessert.

After the mystery is solved, take a few minutes to look around the delightful property. If rooms are not occupied, visitors may view the unique rooms furnished with heritage pieces and decorated with cozy amenities.

- Thursday, March 5, 9:40 a.m.-2:50 p.m.
Activity fee \$105, Members \$102
Registration deadline February 2, at noon

December 2025 @ the Hopkins Activity Center

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
1	WINTER SESSION BEGINS Book Club <i>First Lie Wins</i> 1 p.m. (P3)  + Monday activities	2	Be Aware: Medicare Changes in 2026 10 a.m. (P2) Indoor Golf at <i>The Tee Box</i> 10 a.m. (P5) Try Beginner Pickleball! <i>Trial Class</i> 1:30 p.m. (P5) + Tuesday activities	3	Tech Help Desk 9 a.m. (P6) Crystal Sound Bowls 3 p.m. (P4) + Wednesday activities	4	Day Trip <i>Rollicking! A Winter Carnival Musical</i> 8:45 a.m. (P8) Medicare Counseling 12:30 p.m. (P2) Men's Shed 1 p.m. (P3) + Thursday activities
8	GIVE BACK! Final Collection Day (P12) + Monday activities	9	Roy Wirth Memorial Pickleball Tournament <i>Beginner/Adv. Beginner</i> 9 a.m. <i>Intermediate</i> noon (P2) Legal Consultations 12:30 p.m. (P7) + Tuesday activities	10	Grief Journeys <i>Resiliency During the Holidays</i> 10:30 a.m. (P3) + Wednesday activities	11	Veteran Benefit Consultations 9 a.m. (P7) Bowling Banquet <i>Fall Session Ends</i> 10 a.m. <div style="border: 1px solid black; padding: 5px; width: fit-content;"> 12 Walking Club-outdoors 2 p.m. (P4) </div> + Thursday activities
15	Bridge 10 a.m. (P3) + Monday activities	16	Bunco Bonanza! 10 a.m. (P3) Movie <i>The Holiday</i> 2 p.m. (P3) + Tuesday activities	17	+ Wednesday activities	18	Lunch & Learn <i>Jewish Traditions and Misconceptions</i> 11 a.m. (P6) Medicare Counseling 12:30 p.m. (P2) + Thursday activities
22	+ Monday activities	23	A.M. PROGRAMS ONLY Closing at 1:30 p.m. + Tuesday activities	24	HOLIDAY CLOSED	25	HOLIDAY CLOSED
29	+ Monday activities	30	+ Tuesday activities	31	NO REGULAR PROGRAMMING Noon Year's Party 10:45 a.m. (P2)		
EVERY MONDAY		EVERY TUESDAY		EVERY WEDNESDAY		EVERY THURSDAY	
8:30	Media Center (Mon-Thur)	9:00	Functional Fitness	8:30	Beginner Open Pickleball	9:00	Functional Fitness
9:00	Video Fitness	10:00	Pickleball	9:00	Tech Help Desk		Creative Chaos
	Pickleball		Indoor Golf	9:30	MahJongg Advanced	10:00	Pickleball
10:30	Stretch & Strength Yoga	12:00	Beginner Open Pickleball	10:00	Pickleball		Bowling
11:30	Stretch & Strength Yoga				Stretch & Strength Yoga	12:30	Square Dancing
12:15	Line Dancing			12:00	Rug Hooking		Scrabble
12:30	Ukulele Group			12:15	Line Dancing	1:00	Men's Shed
2:00	Volleyball			12:30	Mexican Trains		
					MahJongg Beginner		
				2:00	Volleyball		

January 2026 @ the Hopkins Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Warm up with a hot cup of coffee or cocoa sponsored by Washburn-McReavy. 	RENEW \$15 ANNUAL PICKLEBALL ADD-ON! 		1 NEW YEAR'S DAY CLOSED AARP Tax Information available 612-492-1250 (P7)
5 Book Club <i>The Best We Could Do</i> 1 p.m. (P3) + Monday activities	6 AARP Tax Appointments Open Online Pickleball Class Introduction 1:30 p.m. (P5) Pickleball Class Intermediate 3 p.m. (P5) + Tuesday activities	7 Bakery Day 8:30 a.m. + Wednesday activities	8 Veteran Benefit Consultations 9 a.m. (P7) Bowling Club Winter Session Begins 10 a.m. (P5) + Thursday activities
12 + Monday activities	13 Happy Retirement Party! 1 p.m. (P1)  + Tuesday activities	14 Artist Spotlight Reception 10 a.m. (P7) Grief Journeys 10:30 a.m. (P3) Crystal Sound Bowls 3 p.m. (P4) + Wednesday activities	15 Lunch & Learn <i>Top Spine Exercises</i> 11 a.m. (P6) Medicare Counseling 12:30 p.m. (P2) 16 Walking Club-outdoors 2 p.m. (P4) + Thursday activities
19 MLK DAY CLOSED	20 AARP Tax Phone Appointments Open (P7) Bunco Bonanza! 10 a.m. (P3) Movie: <i>The Thursday Murder Club</i> 2 p.m. (P3) + Tuesday activities	21 + Wednesday activities	22 + Thursday activities
26 Travel Show at Golden Valley 1 p.m. (P8) + Monday activities	27 Legal Consultations 12:30 p.m. (P7) + Tuesday activities	28 + Wednesday activities	29 Defensive Driving Virtual 9 a.m. (P6) + Thursday activities
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY
8:30 Media Center (Mon-Thur) 9:00 Video Fitness Pickleball 10:30 Stretch & Strength Yoga 11:30 Stretch & Strength Yoga 12:15 Line Dancing 12:30 Ukulele Group 2:00 Volleyball	9:00 Functional Fitness 10:00 Pickleball Indoor Golf 12:00 Beginner Open Pickleball	8:30 Beginner Open Pickleball 9:00 Tech Help Desk 9:30 MahJongg Advanced 10:00 Pickleball Stretch & Strength Yoga 12:00 Rug Hooking 12:15 Line Dancing 12:30 Mexican Trains MahJongg Beginner 2:00 Volleyball	9:00 Functional Fitness Creative Chaos 10:00 Pickleball Bowling 12:30 Square Dancing Scrabble 1:00 Men's Shed

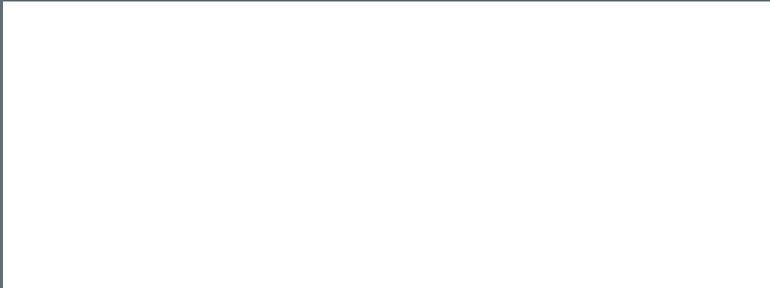
February 2026 @ the Hopkins Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>2 Book Club <i>The Book of Hope</i> 1 p.m. (P3)</p> <p>+ Monday activities</p>	<p>3 Pickleball Class <i>Intermediate</i> 1:30 p.m. (P5)</p> <p>Pickleball Class <i>Advanced Beginner</i> 3 p.m. (P5)</p> <p>+ Tuesday activities</p>	<p>4</p> <p>+ Wednesday activities</p>	<p>5</p> <p>6 AARP Tax Help Begins 8:45 a.m. (P7)</p> <p>+ Thursday activities</p>
<p>9</p> <p>+ Monday activities</p>	<p>10 Defensive Driving <i>In Person</i> 9 a.m. (P6)</p> <p>Day Trip <i>Women of Gangsterland</i> 9:25 a.m. (P8)</p> <p>Legal Consultations 12:30 p.m. (P7)</p> <p>+ Tuesday activities</p>	<p>11 Grief Journeys 10:30 a.m. (P3)</p>  <p>+ Wednesday activities</p>	<p>12 Veteran Benefit Consultations 9 a.m. (P7)</p> <p>13 Walking Club-outdoors 2 p.m. (P4)</p> <p>+ Thursday activities</p>
<p>16 PRESIDENT'S DAY CLOSED</p>	<p>17 Bunco Bonanza! 10 a.m. (P3)</p> <p>Movie <i>On the Basis of Sex</i> 2 p.m. (P3)</p> <p>+ Tuesday activities</p>	<p>18</p> <p>+ Wednesday activities</p>	<p>19 Medicare Counseling 12:30 p.m. (P2)</p> <p>Lunch & Learn <i>Understanding LGBTQIA+</i> 11 a.m. (P6)</p> <p>+ Thursday activities</p>
<p>23</p> <p>+ Monday activities</p>	<p>24 Jigsaw Puzzle Competition 1 p.m. (P12)</p>  <p>+ Tuesday activities</p>	<p>25</p> <p>+ Wednesday activities</p>	<p>26 WINTER SESSION ENDS</p> <p>+ Thursday activities</p>
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY
<p>8:30 Media Center (Mon-Thur) 9:00 Video Fitness Pickleball 10:30 Stretch & Strength Yoga 11:30 Stretch & Strength Yoga 12:15 Line Dancing 12:30 Ukulele Group 2:00 Volleyball</p>	<p>9:00 Functional Fitness 10:00 Pickleball Indoor Golf 12:00 Beginner Open Pickleball</p>	<p>8:30 Beginner Open Pickleball 9:00 Tech Help Desk 9:30 MahJongg Advanced 10:00 Pickleball Stretch & Strength Yoga 12:00 Rug Hooking 12:15 Line Dancing 12:30 Mexican Trains MahJongg Beginner 2:00 Volleyball</p>	<p>9:00 Functional Fitness Creative Chaos 10:00 Pickleball Bowling 12:30 Square Dancing Scrabble 1:00 Men's Shed</p>

HOPKINS ACTIVITY CENTER

33 14th Avenue North
Hopkins, MN 55343

Prsrt Std
U.S. Postage
Paid
Hopkins, MN 55343
Permit #21



December 2025-February 2026

NEWS & Notes



Make someone's day special by donating items to those in need this season.

A collection for new gifts is being taken for ResourceWest. Requested items for ages from birth through senior adult include:

- Games, puzzles or books
- Clothing, candles, toys
- Gift cards or cash

Non-perishable food items are also being collected for ICA Foodshelf. Drop off donations at the Center by Monday, December 8.



952-939-1333 • activitycenter@hopkinsmn.com
PROGRAM COORDINATOR • Beth Kivett
ADMINISTRATIVE ASSISTANT • Tricia Falk
ADMINISTRATIVE RECEPTIONIST • Bethany Rask



Grab your friends to form a team of 4 people or sign up to be placed on a team for our 2nd annual jigsaw puzzle competition! Be the first to solve the 500 piece puzzle and win the grand prize gift basket.

Stay and socialize with snacks and drinks following the competition. Teams can take their puzzle home. Registration required.

- Tuesday, February 24, 1-3:30 p.m.
Activity fee \$6, Members \$5
Sponsor: Griswold



Holiday Gift Idea

Give a holiday gift that keeps on giving... a personalized commemorative brick to be displayed at Hopkins Clocktower Plaza!

hopkinsmn.com/853/Buy-a-Brick