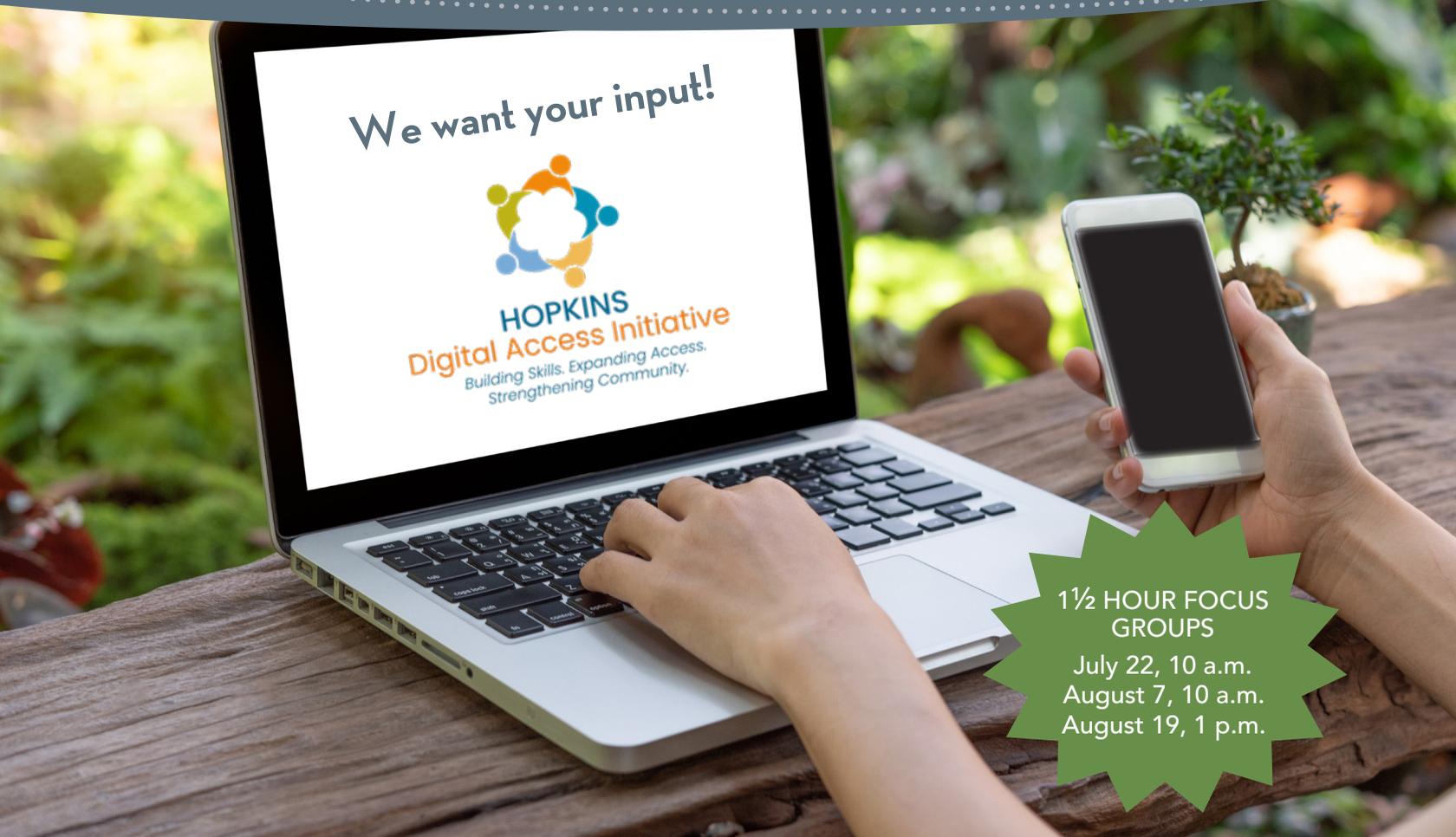


JUNE-AUGUST
2025

Hopkins Activity Center

NEWS & Notes

EXPERIENCE THE *UP* SIDE OF AGING!



1½ HOUR FOCUS
GROUPS

July 22, 10 a.m.
August 7, 10 a.m.
August 19, 1 p.m.

Do you struggle with any aspects of digital life?

HOPKINS DIGITAL ACCESS INITIATIVE is a collaborative community effort to assess digital access needs in Hopkins and develop a plan to ensure community members have the essential digital skills and tools for everyday living and social participation.

Please join us for a focus group where you can share your thoughts, experiences and the challenges you face with technology. Your voice matters!



HOPKINS ACTIVITY CENTER

952-939-1333 • activitycenter@hopkinsmn.com
www.hopkinsmn.com/activitycenter



Summer Special Events

HOPKINS ACTIVITY CENTER

is a gathering place for mature adults to participate in recreational, social, educational, fitness and volunteer activities.

The Activity Center is also a community facility available for meetings, gatherings, celebrations, or receptions. Call regarding rental rates.

ANNUAL MEMBERSHIP

- \$35 per individual
- \$60 per household
- \$60 Arts & Activity Center Senior Membership

Members receive four quarterly newsletters, reduced fees for activities and rental discounts.

Inquire about fitness membership discounts with SilverSneakers® and OnePass®. Scholarships available. Inquire at the front desk for eligibility.

SENIOR RESOURCES

Hopkins VFW (loans walkers, wheelchairs) 952-938-9916

I.C.A. Food Shelf
952-938-0729

Meals on Wheels
952-935-9028

ResourceWest
952-933-3860

Senior Community Services
952-746-4046

Senior Linkage Line/Trellis
1-800-333-2433

Transit Link
651-602-5465

*More resources and assistance listed on our website.

We're Hosting an Open House

- Tuesday, June 17
10 a.m.-noon

Whether you are a regular participant, new to the area, or just unfamiliar with what we have to offer, stop by to check out the Hopkins Activity Center! Explore the facility, see programs in progress, meet new friends, and try out some demonstration activities.

New members who sign up during the event receive a \$5 credit for a future activity. Already a member? Refer a friend during the Open House and receive a \$5 credit too.

Discover programs for active adults:

- Learn about travel opportunities
- Visit with volunteers and group leaders
- Meet the Spotlight Artist
- Tour facility and plan your next party
- Enjoy a tasty treat
- Book & puzzle sale (\$1 per item)



Book and Puzzle Sale!

We will be hosting a book and puzzle sale during the Open House. If you have books or puzzles to donate, good quality donations will be accepted until Monday, June 16.

Senior Day Social

Wednesday, July 16, 1-2:30 p.m.

Celebrate Hopkins and socialize with other seniors in the community!

- Meet and greet Raspberry Royalty
- Enjoy being entertained with rousing accordion & saxophone music
- Enter for a chance to win fabulous raffle prizes (\$1 per ticket).
Receive a free ticket by bringing a food donation (limit 1 free ticket per person)

Wear your Raspberry Festival button for entrance to this social event. No registration required. Some seating available or bring your lawn chair. Sponsors ChapelView, VOA ElderHomestead, Washburn-McReavy



Art & Leisure

Hopkins Ukulele Group (HUG)

Come jam with an inclusive group of ukulele players and music lovers. There is no instruction and no experience is needed, just learn as you play. Music is provided. Bring your own ukulele.

- Mondays (except June 2), 12:30-2 p.m.
Drop-in \$3, Members free

Rug Hooking

Primitive Rug Artists meet to work on their own projects, share knowledge of their craft, and delight in one another's company. Drop in if you think you may enjoy making crafted hooked rugs.

- Wednesdays (except June 4, July 16),
12-3 p.m.
Drop-in \$3, Members free

Book Club

Explore a different book selection each month and enjoy discussing with other avid readers.

- 1st Monday*, 1-2:30 p.m.
- June 9*: *Astrophysics for People in a Hurry*, by Neil deGrasse Tyson
- July 14*: *The House of Eve*, by Sadeqa Johnson
- August 4: *The Art Thief*, by Michael Finkel
Activity fee \$3, Members free

Men's Shed

This inclusive group of retired men enjoy group building projects, park cleanups, and taking tours. They also collaborate with community organizations, share ideas and advice, or simply hang out. View their calendar of events at hopkinsmensshed.org.

- Thursdays (except June 5 & 19) 1-2:30 p.m.
Drop-in \$3, Members free

Cards & Games

Play games and socialize in the lounge. Mah Jongg, Scrabble and Mexican Train groups play weekly. See calendar for times. (P9-11)

Drop-in \$3, Members free

Creative Chaos Crafting

Creative Chaos is a welcoming space for artists and crafters to socialize while working on their own projects.

- Thursdays
(except June 5 & 19) 9 a.m.-4 p.m.
Drop-in \$3, Members free



Social Enrichment

Monthly Movie

Take in an action packed film this summer! Popcorn and coffee will be served.

- 3rd Monday, 2-4 p.m.*
- June 16: *Jim Henson Idea Man*
- July 21, 1 p.m.*: *The Way* (with special guest speaker after the film).
- August 18: *The Life of Pi*
Activity fee \$3/movie, Members free
Sponsor VOA ElderHomestead

Bunco Bonanza!

Play the lively party dice game of Bunco. No experience necessary, learn as you play. Bring \$5 cash for prize money. Register to attend.

- Tuesday, June 17, July 15, August 19
10 a.m.-noon
Activity fee \$3, Members free

Grief Journeys

The human journey is filled with losses of those we love, as well as pets, jobs and dreams. If you are feeling alone in your grief, join us to share stories together.

Group leader Karen Greer was a career and retirement coach until loss in her life opened up a new chapter. She then became a Certified Grief Educator to help assist others along their journey. Register to attend.

- Wednesday, June 11, July 9, August 13
10:30-11:45 a.m.
Activity fee \$10, Members \$8

Fitness & Dance

Crystal Sound Bowls

During this immersive sound experience you can relax and enjoy the powerful impact of healing sound. Bring a yoga mat, blanket or pillow to lie on the floor, or be seated in a chair.

- Wednesday, July 9, August 20, 3-3:45 p.m.
Activity fee \$10, Members \$9

Functional Fitness

Get a full body workout - cardio, core, and functional movements for the aging body, to build strength, balance and endurance. Experienced and energetic instructor Janelle makes each fitness class fun!



- Tuesday, June 10-August 26, 9-10 a.m.
Activity fee \$50, Members \$40
- Thursday, June 12-August 28 (except June 19) 9-10 a.m.
Activity fee \$45, Members \$36
Drop-in \$5, Members \$4

Video Fitness with Friends!

Follow a fitness video that guides you through easy-to-follow gentle exercises while socializing!

- Mondays (except June 2), 9-9:45 a.m.
Drop-in \$3, Members free

Walk for Fitness this Summer!

Nordic Walking Class

Enjoy the outdoors and empower your walking by adding Nordic walking poles to enhance aerobic effects and increase core and upper body conditioning. Be prepared to walk a mile or more. Walking poles provided.

- Tuesday, June 10, 10-11:15 a.m.
Activity fee \$12, Members \$11

Walking Club

Get out and explore local trails with our social walking group! Register to attend and receive location details and weather updates.

- 2nd Friday, 10-11 a.m.
- June 13: 9 Mile Creek Discovery Point
- July 11: Lake Harriet & Gardens
- August 8: Richardson Nature Center & Hyland Park Reserve
Activity fee \$3, Members free



Stretch & Strength Yoga In Person or Virtual

Increase flexibility, strength and balance with the support of a chair. Breathwork and guided mindfulness help reduce tension and soothe anxiety. This gentle exercise welcomes people of all sizes and abilities. Contact the office to participate remotely.

- Monday, June 9-August 25, 10:30-11:20 a.m.
Activity fee \$50, Members \$40
Drop-in \$5, Members \$4 (as space allows)

Indoor Volleyball

Open volleyball for senior players. Come enjoy camaraderie, exercise and friendly competition. Sign up weekly to attend.

- Wednesdays (except June 4, July 16) 2-3:30 p.m.
Drop-in \$3, Members free

Intermediate Line Dancing

Line Dancing is a fun way to incorporate fitness while socializing with other active seniors.

- Monday, June 9-August 25, 12:15-1:30 p.m.
Activity fee \$80, Members \$50
- Wednesday, June 11-August 28 (except July 16) 12:15-1:30 p.m.
Activity fee \$80, Members \$50
Drop-in \$8, Members \$5

Afternoon Squares

Experienced dancers are invited to the longest running afternoon square dance group in the state! Bring a dish to share for the potluck meal.

- Thursdays, (except June 5 & 19) 12:30-2:30 p.m.
Drop-in \$3, Members free
\$6 for caller collected at each dance



Senior Explorers

Join the Outdoor Recreation School of Three Rivers Parks District for programming just for adults 55+. Events held off-site at Bryant Lake. Register to attend.

Activity fee \$15, Members \$14



Archery

Educators will guide participants in a beginner archery lesson on how to safely shoot a compound bow. Learn proper technique and fundamental skills, participate in fun challenges, and enjoy the thrill of hitting the target. Equipment provided.

- Friday, August 1, 1-3 p.m.

Kayaking

Learn kayaking basics, water safety, proper paddle techniques and boat control. Even if you know how to kayak this is a chance to join others with a similar love of water sports. Equipment and flotation vests are provided.

- Wednesday, August 13, 1-3 p.m.

Senior Social Golf

Join us for indoor summer social golf at The Tee Box in Hopkins! No need to register, just stop by on Tuesday mornings and play. Bring your own clubs and wear tennis or golf shoes with no metal spikes. Two hours of open play. Bring a partner or get paired up.

- Tuesdays, 10 a.m.-noon
Drop-in rate \$15 payable at The Tee Box

Pickleball Skills Clinics

Gain confidence and knowledge at a pickleball skill building class this summer!

- Tuesday, 1:30-3 p.m. or 3-4:30 p.m.
Activity fee per class \$15, Members \$12

Serving & Return of Serves

- June 10 or August 5

Dinking with Purpose & Intent

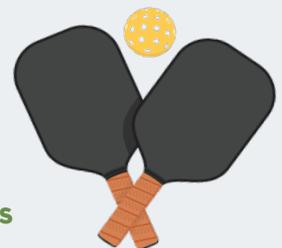
- July 15 or August 12

Drop Shots & Transitioning/Reset

- July 22 or August 19

Offense & Defensive Lobs

- July 29 or August 26



Recreation & Athletics



Senior Bike Club

Bicycling season is in full swing! Sign up for the season, then weekly rides are free. Register for each week you will attend.

- Active Ride (25-35 miles) Mondays, 9 a.m.
 - eBikers (20-25 miles) Wednesdays, 9 a.m.
 - Recreational Ride (15-20 miles) Wed., 6 p.m.
- Check online calendar for exception dates.
Season fee \$12, Members \$10

Drop In Pickleball

Purchase a pickleball add-on membership for \$12 or pay daily Drop-in \$5, Members \$3.

Open Play

Recreational level pickleball for adults 55+.

- Mondays (except June 2), 9 a.m.-noon
- Tuesdays-Thursdays (except June 3-5, 19)
10 a.m.-noon

Beginner Open Pickleball

Join other beginner pickleballers wanting to practice and play using newly learned skills! No instructor or lesson provided.

- Tuesdays (except June 3), 12-1:30 p.m.
- Wednesdays (except June 4 & 16), 8:30-10 a.m.

Outdoor Pickleball

Public pickleball courts are available for open play at Central Park. No reservation needed.

Education

Planning Your Retirement Income

Retirement is an exciting time that comes with several considerations for social security, taxes and investments. Ensure you are making smart choices during this major life transition to make it successful. We'll discuss ways to secure and make the most of your retirement paycheck. Presented by Thomas Scheck, MTI Financial Advisors.

- Tuesday, June 24, 1:30-2:30 p.m.
Activity fee \$3, Members free

Defensive Driving Class

Take a Defensive Driving course to qualify for a 10% senior auto insurance discount.

- Tuesday, July 29, 5-9 p.m. **Virtual**
- Tuesday, August 12, 9 a.m.-1 p.m. **In Person**
Activity fee \$28, Members \$25

Tech Topics

Gain confidence in using your technology tools with instructor Denis. Bring questions!
Activity fee \$5, Members \$3

Maps, Navigation and Siri

Getting lost is a thing of the past! Learn how to use your phone to navigate on foot, by bike or in your car. Discover how easy it is to sync your phone to your car and drive hands free while Siri navigates you to new places.

- Monday, June 16, 11 a.m.-noon

Social Media

Social media can be overwhelming at times, making you feel like you want to delete it entirely. It only takes a few steps to remove your Facebook, Instagram or other social accounts. Learn ways to protect yourself and limit the chance of hackers by setting restrictions on your accounts.

- Monday, July 21, 11 a.m.-noon

Tech Bills Explained

Are you potentially paying too much for your phone, internet and TV services? Bring along your bills to review service costs.

- Monday, August 18, 11 a.m.-noon



Lunch & Learn

Enjoy a box lunch from Brasa Premium Rotisserie. Register to select your meal:

- Arroz con pollo-yellow rice with pigeon peas, ham sofrito, chicken and andouille gravy.
- Chilaquiles-tortilla chips simmered in queso fresco sauce.
- Vegetable and chickpea curry-carrots, kale, onions, sweet potatoes and rice.
Activity fee \$10, Members \$9

House Representative Cheryl Youakim

Representing Hopkins, Edina, and St. Louis Park, Cheryl's legislative priorities include education, transportation, economy and quality of life. She will share her journey to the capitol and issues we face as a community, state and nation. She is interested in your perspective and wants to know what issues are important to you!

- Thursday, July 17, 11 a.m.-noon
Sponsor ChapelView

Hennepin County Emergency Preparedness

Ever wonder what to do in a disaster? Hennepin County Emergency Management works before, during and after trouble strikes to protect residents. Learn how you can prepare your family for disasters and significant events, such as hazard considerations, having a plan, building a "Go Kit" and how to get involved.

- Thursday, August 21, 11 a.m.-noon.
Sponsor RidgePointe

Media Center

Open Monday-Thursday, 8:30 a.m.-4 p.m. Members of the Center may check out library books, puzzles or an iPad.

Tech Help Desk

Drop in for technology and computer support with volunteers Mark and Art. No registration needed to get help with your cell phone, computer or electronic tablet.

- Wednesdays (except June 4), 9 a.m.-noon
Activity fee \$3, Members free

Community Resources

Legal Consultation

Are you in need of legal advice? Meet with a local attorney for a 30 minute consultation. Registration required.



- Tuesday, June 24, 12:30-1:30 p.m.
 - Thursday, August 14, 12:30-1:30 p.m.
- Activity fee \$3, Members free

Medicare Health Insurance Help

Do you have questions about Medicare, Supplement/Medigap or Advantage plans? Trellis offers unbiased information about Medicare options and ways to potentially lower your Medicare costs. Schedule an appointment by calling 1-800-333-2433.

- Thursday, July 17, August 21, 12:30-4 p.m.

Senior Social Services

Senior Community Services offers free resource support for aging adults to stay independent, safe, stable and active members of the community. Receiving household maintenance or caregiver services are just a few of the many assistance programs available. Visit www.seniorcommunity.org for information.

Veteran Benefits Consultation

A representative from the MN Department of Veterans Affairs meets with veterans and spouses about available benefits. Register for a free private meeting.

- Thursday, June 12, July 10, August 14
9 a.m.-12 p.m.

Volunteer



Garden Club

It's not too late to get involved with Garden Club volunteering at Valley Park Community Garden. Activities include watering, weeding and harvesting produce can be flexible around your schedule. No experience necessary. All produce is donated to ICA Food Shelf.

Spend some time playing in the dirt at Valley Park! Register online or call the office to help out with the Garden Club once, twice, or more often this summer through the fall harvest.

- Wednesdays, 6:30 p.m.

Adopt a Park

Do your part and help keep Hopkins Parks clean. Once a month the Activity Center has a volunteer work day to clean up Downtown Park and the Clock Tower Plaza. Bring along your work gloves. Register to let us know you when you can lend a helping hand!

- Thursday, June 12, July 10, August 14, 3-4 p.m.

Helping Hands

Support your community and beyond with opportunities to give back through sharing your sewing or knitting talents. You can help by making comfort caps for cancer patients, premie blankets, walker bags or winter hats. Visit the Center for supplies or patterns. Space to work on projects is available on Thursdays during Creative Chaos.



Trips & Explorations

Winona River Cruise & Lake City

- Wednesday, June 4, 9:15 a.m.-5:30 p.m.
Registration CLOSED

Borealis Train to Milwaukee

- Monday, June 16-Wednesday, June 18
Registration CLOSED

“Grease” Chanhasen Dinner Theatre

At the Chanhasen Dinner Theatre, guests can select from a limited menu that includes an entree, salad, vegetable, bread, potato or rice and a beverage. Guests may allow time to browse the gift stores before the matinee performance of “Grease!”



Join Danny and Sandy, along with their Rydell High School classmates for an affectionate satire of high school life in the 1950s. Don’t miss the unforgettable tunes in a high-octane rock ‘n’ roll party!

- Wednesday, July 23, 11 a.m.-4:15 p.m.
Activity fee \$110, Members \$107
Registration deadline June 23, noon.

Get Ready
for
Adventure!

Extended Travel

100 Mile Mississippi River Cruise

Enjoy a colorful motorcoach bus ride to Prairie du Chein for lunch at Huckleberry’s Restaurant. Continue on to Galena, Illinois for an overnight stay. On day two take a trolley and museum tour, with a hotel stay in Dubuque before boarding for an all day cruise to the Quad Cities.

- Wednesday, September 17-Saturday, September 20
Single \$1,295, Double \$1,050/person, \$200 deposit
Registration deadline Monday, July 14, noon.

Day Trips are popular, and some trips do fill to capacity! To be added to a waiting list, call the office or register at hopkinsmn.com/activitycenter.

Cancellation Policy: Cancellations prior to the registration deadline will be refunded, minus \$10 administrative fee. Cancellations after noon on deadline date will forfeit refund.

Munsinger Gardens & St. John’s University Library Bible Gallery

Take a self-guided experience at the prestigious and nationally renowned Munsinger and Clemens Gardens nestled along the shores of the Mississippi River. The Virginia Clemens Rose Garden features plantings reminiscent of European gardens. Tour does require walking. In the Clemens Rest Area Garden there are some gift items and refreshments for purchase.

Enjoy lunch at Coyote Moon Grille Restaurant overlooking the Territory Golf Club in St. Cloud. Menu includes an entree, popover, salad, side dish, beverage and dessert. Next visit the St. John’s University Campus in Collegetown. Meet your host for a presentation and viewing of the original St. John’s Bible at the Alcuin Library.

- Tuesday, August 19, 8:25 a.m.-5 p.m.
Activity fee \$91, Members \$88
Registration deadline July 21, noon.

Future Trip Registrations Open!

- Millner Heritage Winery, September 9
- Cranberry Country, October 15
- Swan Migration, November 18
- A Winter Carnival Musical, December 4

Travel by Air, Land or Sea!

The Activity Center offers extended national and international tours in cooperation with Landmark Tours, a professional tour company. Landmark offers inclusive airfare, accommodations, meal experiences and admission to itinerary attractions. Pick up a free catalog at the Activity Center.

June 2025

@ the Hopkins Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2	3	4 Day Trip Winona River Cruise 9:15 a.m. (P8)	5
BUILDING CLOSED FOR FLOORING REPLACEMENT			
9 SUMMER SESSION BEGINS Book Club <i>Astrophysics for People in a Hurry</i> 1 p.m. (P3) + Monday activities	10 Nordic Walking Class 10 a.m. (P4) Art Street Walking Tour 10 a.m. (P12) Pickleball Skills Clinic <i>Serving/Return of Serves</i> 1:30 & 3 p.m. (P5) + Tuesday activities	11 Tech Help Desk 9 a.m. (P6) Grief Journeys 10:30 a.m. (P3) + Wednesday activities	12 Veteran Benefit Consultations 9 a.m. (P7) Adopt a Park 3 p.m. (P7) + Thursday activities
16 Last day to donate books & puzzles (P2)  Extended Trip <i>Borealis Train to Milwaukee</i> 8:15 a.m. (P8) Tech Topic <i>Maps, Navigation and Siri</i> 11 a.m. (P6) Movie <i>Jim Henson Idea Man</i> 2 p.m. (P3) + Monday activities	17 Bunco Bonanza 10 a.m. (P3)  OPEN HOUSE *Book & Puzzle Sale *Artist Spotlight 10 a.m.-noon (P2) + Tuesday activities	18 Ask a Gardener @ Valley Park Community Garden 6:30 p.m. + Wednesday activities	19 JUNETEENTH HOLIDAY CLOSED
23 + Monday activities	24 Legal Consultation 12:30 p.m. (P7) DIY Craft Kit 1 p.m. (P12) Planning Your Retirement Income 1:30 p.m. (P6) + Tuesday activities	25 + Wednesday activities	26 + Thursday activities
30 + Monday activities			
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY
9:00 Bike Club-Active Ride Video Fitness Pickleball 10:30 Stretch & Strength Yoga 12:15 Line Dancing 12:30 Hopkins Ukulele Group	9:00 Functional Fitness 10:00 Pickleball 12:00 Beginner Open Pickleball	8:30 Beginner Open Pickleball 9:00 Tech Help Desk Bike Club-eBike Ride 9:30 Mah Jongg-Experienced 10:00 Pickleball 12:00 Rug Hooking 12:15 Line Dancing 12:30 Mexican Trains Mah Jongg-Beginner 2:00 Volleyball 6:00 Bike Club-Rec. Ride 6:30 Garden Club	9:00 Functional Fitness Creative Chaos Crafting 10:00 Pickleball 12:30 Afternoon Squares Scrabble 1:00 Men's Shed

July 2025

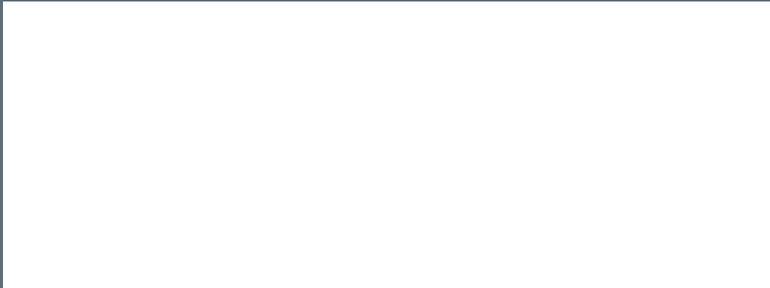
@ the Hopkins Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 July Round Up for Charity Begins - Shop at Driskill's Downtown Market to support the Activity Center! + Tuesday activities	2 + Wednesday activities	3 + Thursday activities
7 + Monday activities	8 + Tuesday activities	9 Grief Journeys 10:30 a.m. (P3) Crystal Sound Bowls 3 p.m. (P4) + Wednesday activities	10 Veteran Benefit Consult 9 a.m. (P7) Let's Go Fishing 1 p.m. (P12) Adopt a Park 3 p.m. (P3) 11 Walking Club, 10 a.m. (P4)
14 Book Club <i>The House of Eve</i> 1 p.m. (P3) + Monday activities	15 Bunco Bonanza 10 a.m. (P3) Pickleball Skills Clinic <i>Dinking with Purpose</i> 1:30 & 3 p.m. (P5) + Tuesday activities	16 BUILDING CLOS at noon  RASPBERRY FESTIVAL SENIOR DAY SOCIAL 1-2:30 p.m. (P2) Join us to celebrate at Downtown Park! + Wednesday activities	17 Lunch & Learn House Representative 11 a.m. (P6) Medicare Health Insurance Help 12:30 p.m. (P7) + Thursday activities
21 Tech Topic <i>Social Media</i> 11 a.m. (P6) Movie <i>The Way (with special guest speaker)</i> 1 p.m.* (P3) + Monday activities	22 Digital Access Workshop 10 a.m. (P1) Pickleball Skills Clinic <i>Drop Shots & Transitioning</i> 1:30 & 3 p.m. (P5) + Tuesday activities	23 Day Trip <i>Grease at CDT</i> 11 a.m. (P8) + Wednesday activities	24 + Thursday activities
28 + Monday activities	29 Pickleball Skills Clinic <i>Offense & Defensive Lobs</i> 1:30 & 3 p.m. (P5) Defensive Driving Class Virtual 5 p.m. (P6) + Tuesday activities	30 + Wednesday activities	31 + Thursday activities
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY
9:00 Bike Club-Active Ride Video Fitness Pickleball 10:30 Stretch & Strength Yoga 12:15 Line Dancing 12:30 Hopkins Ukulele Group	9:00 Functional Fitness 10:00 Pickleball 12:00 Beginner Open Pickleball	8:30 Beginner Open Pickleball 9:00 Tech Help Desk Bike Club-eBike Ride 9:30 Mah Jongg-Experienced 10:00 Pickleball 12:00 Rug Hooking 12:15 Line Dancing 12:30 Mexican Trains Mah Jongg-Beginner 2:00 Volleyball 6:00 Bike Club-Rec. Ride 6:30 Garden Club	9:00 Functional Fitness Creative Chaos Crafting 10:00 Pickleball 12:30 Afternoon Squares Scrabble 1:00 Men's Shed

August 2025

@ the Hopkins Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 <p>Stop in to play cards or games in the lounge Monday-Thursday.</p>			
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> 1 Senior Explorers Archery, 1 p.m. (P5) </div>			
4 Book Club <i>The Art Thief</i> 1 p.m. (P3) + Monday activities	5 Pickleball Skills Clinic <i>Serving/Return of Serves</i> 1:30 & 3 p.m. (P5) + Tuesday activities	6 + Wednesday activities	7 Digital Access Workshop 10 a.m. (P1) <div style="border: 1px solid black; padding: 5px; display: inline-block;"> 8 Walking Club, 10 a.m. (P4) </div> + Thursday activities
11 + Monday activities	12 Defensive Driving 9 a.m. (P6) Pickleball Skills Clinic <i>Dinking with Purpose</i> 1:30 & 3 p.m. (P5) + Tuesday activities	13 Grief Journeys 10:30 a.m. (P3) Senior Explorers <i>Kayaking</i> 1 p.m. (P5) + Wednesday activities	14 Veteran Benefit Consultations 9 a.m. (P7) Legal Consultation 12:30 p.m. (P7) Adopt a Park 3 p.m. (P7) + Thursday activities
18 Tech Topics <i>Tech Bills Explained</i> 11 a.m. (P6) Movie <i>The Life of PI</i> 2 p.m. (P3) + Monday activities	19 Day Trip <i>Munsinger Gardens</i> 8:25 a.m. (P8) Bunco Bonanza 10 a.m. (P3) Digital Access Workshop 1 p.m. (P1) Pickleball Skills Clinic <i>Drop Shots/Transitioning</i> 1:30 & 3 p.m. (P5) + Tuesday activities	20 Crystal Sound Bowls 3 p.m. (P4)  + Wednesday activities	21 Lunch & Learn <i>Hennepin County Emergency Preparedness</i> 11 a.m. (P6) Medicare Health Insurance Help 12:30 p.m. (P7) + Thursday activities
25 + Monday activities	26 Pickleball Skills Clinic <i>Offense & Defensive Lobs</i> 1:30 & 3 p.m. (P5) + Tuesday activities	27 + Wednesday activities	28 SUMMER SESSION ENDS Get ready for Bowling Club! Registration open for fall session. + Thursday activities
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY
9:00 Bike Club-Active Ride Video Fitness Pickleball 10:30 Stretch & Strength Yoga 12:15 Line Dancing 12:30 Hopkins Ukulele Group	9:00 Functional Fitness 10:00 Pickleball 12:00 Beginner Open Pickleball	8:30 Beginner Open Pickleball 9:00 Tech Help Desk Bike Club-eBike Ride 9:30 Mah Jongg-Experienced 10:00 Pickleball 12:00 Rug Hooking 12:15 Line Dancing 12:30 Mexican Trains Mah Jongg-Beginner 2:00 Volleyball 6:00 Bike Club-Rec. Ride 6:30 Garden Club	9:00 Functional Fitness Creative Chaos Crafting 10:00 Pickleball 12:30 Afternoon Squares Scrabble 1:00 Men's Shed



June-August 2025

NEWS & Notes

DIY Craft Kit: Plant Pals



Enjoy a seasonal do-it-yourself clay making craft kit. Take it home or complete it on-site with friends! This is a simple craft to add some companionship to your indoor or outdoor potted plants or to provide structure for a growing stem

to lean on. This activity is a fun way to give some personality to your plants. Materials and instructions provided.

- Tuesday, June 24, 1-2:30 p.m.
Activity fee \$5, Members \$3



HOPKINS ACTIVITY CENTER

952-939-1333 • activitycenter@hopkinsmn.com

DIRECTOR • Lynn Anderson

PROGRAM COORDINATOR • Beth Kivett

ADMINISTRATIVE ASSISTANT • Tricia Falk

ADMINISTRATIVE RECEPTIONIST • Bethany Rask

ArtStreet Walking Tour

Learn from Hopkins Center for the Arts Visual Arts Manager, Jim Clark, about the newly installed ArtStreet sculptures. He will share the process from the artist's vision for creating their sculpture, to submittal of artwork, selection of ArtStreet exhibits and installation techniques. Be prepared to walk about a mile. Meet inside the lobby at the Center for the Arts located at 1111 Mainstreet.

- Tuesday, June 10, 10-11:30 a.m.
Free event. Register to attend.

Artist Spotlight

We hope you enjoy viewing the original paintings by Nan Foker on display in our lobby this summer. Nan is a Hopkins Center for the Arts Member Artist working in mixed media collage. She creates artwork with simple, whimsical and appealing subject matter, conveying joy and color in her representational abstract work. Meet Nan at our Open House event on June 17!



Let's Go Fishing!

Spend an afternoon fishing aboard a pontoon at Lake Riley! Registration details online or call the office.

- Thursday, July 10, 1-3 p.m.
Activity fee \$3, Members free